### VIRTUAL MEETINGS

#### SUNDAY
- **NOON**
  - 1.5 hours
  - Just For Today, Duluth, MN (C,JT,WC)
  - [https://zoom.us/j/9190548896](https://zoom.us/j/9190548896)
- **4:00 PM**
  - 1.5 hours
  - Rompin' Stompin' Sunday NA, Superior, WI (O,To,WC)
  - [https://zoom.us/j/9190548896](https://zoom.us/j/9190548896)

#### MONDAY
- **NOON**
  - 1.5 hours
  - Just For Today, Duluth, MN (C,JT,WC)
  - [https://zoom.us/j/9190548896](https://zoom.us/j/9190548896)
- **7:00 PM**
  - 2 hours
  - We Made A Decision, Duluth, MN (O,WC)
  - [https://zoom.us/j/2447294275](https://zoom.us/j/2447294275)

#### TUESDAY
- **NOON**
  - 1.5 hours
  - Just For Today, Duluth, MN (C,JT,WC)
  - [https://zoom.us/j/9190548896](https://zoom.us/j/9190548896)
- **7:00 PM**
  - 1.5 hours
  - New Horizons, Duluth (O,To,LD,VM,TC)
  - [https://zoom.us/j/2447294275](https://zoom.us/j/2447294275)

#### WEDNESDAY
- **NOON**
  - 1.5 hours
  - Just For Today, Duluth, MN (C,JT,WC)
  - [https://zoom.us/j/9190548896](https://zoom.us/j/9190548896)
- **7:00 PM**
  - 1.5 hours
  - Strength in Numbers, Duluth (O,WC,LD,VM,TC)
  - [https://zoom.us/j/2447294275](https://zoom.us/j/2447294275)

#### THURSDAY
- **7:00 PM**
  - 1 hour
  - Hope Not Dope, Duluth, MN (O,IP,TC)
  - [https://zoom.us/j/9190548896](https://zoom.us/j/9190548896)

#### FRIDAY
- **NOON**
  - 1.5 hours
  - Just For Today, Duluth, MN (C,JT,WC)
  - [https://zoom.us/j/9190548896](https://zoom.us/j/9190548896)
- **7:00 PM**
  - 1.5 hours
  - Living Clean, Duluth, MN (O,WC,LD,VM,TC)
  - [https://zoom.us/j/4599224729](https://zoom.us/j/4599224729)

#### SATURDAY
- **11:30 AM**
  - 1.5 hours
  - Just For Today, Duluth, MN (C,JT,WC)
  - [https://zoom.us/j/9190548896](https://zoom.us/j/9190548896)

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### MEETING FORMAT LEGEND
- C: Closed
- IP: Informational Pamphlet
- JT: Just for Today
- LD: Literature Discussion
- O: Open
- TC: Temporarily Closed
- To: Topic/Discussion
- VM: Virtual Meeting
- WC: Wheelchair

### TRUSTED SERVANTS

### SERVICE MEETINGS

All NA members are encouraged to attend the Northern Lights Area Service Committee (NLASC) meetings. All NA members have a voice and a vote at the area meeting. Please bring your enthusiasm for recovery and a willingness to support Narcotics Anonymous in the Northern Lights Area.

The NLASC meets from 12:30 pm to 4:30 pm six times a year on the 1st Saturday of the even months: February, April, June, August, October, and December.

Zoom ID: 435-920-7484

The Vermilion Planning Committee meets from 11:00 to 12:00.

Zoom ID: 435-920-7484

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### PHONE NUMBERS

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### What is our message?

"An addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live."

Basic Text, page 65
NORTHERN LIGHTS
AREA MEETING LIST

NOVEMBER 2020

24 HOUR HELPLINE
877-767-7676

Narcotics Anonymous
Minnesota

P.O. Box 16934
Duluth, MN 55816

www.naminnesota.org

Meetings Weekly: 12