

# Northern Lights Area of Narcotics Anonymous

B Beginners  
BK Book Study  
BT Basic Text  
C Closed  
CH Closed Holidays  
CL Candlelight

CP Childcare Provided  
CS Children under  
Supervision  
GLBT  
Gay/Lesbian/Bisexual/Transgender  
IP Informational Pamphlet  
IW It Works -How and Why

JT Just for Today  
M Men  
NC No Children  
O Open  
OE Open-Ended  
RF Rotating Format

SD Speaker/Discussion  
SG Step Working Guide  
So Speaker Only  
St Step  
Ti Timer  
To Topic/Discussion

Tr Tradition  
W Women  
WC Wheelchair  
YP Young People

Saturday, May 12, 2012

## Sunday

**4:00 PM** O,Ti,To,WC,CP  
**Rompin' Stompin' Sunday NA**  
Pilgrim Lutheran Church  
820 Belknap Street

Superior 54880

**5:00 PM** C  
**Sunday NA**  
Alano Club

103 10th Street  
Cloquet 55720

**8:00 PM** C,IP,BK  
**Just For Today**  
Howard Freise Halfway House  
1520 E 2nd Street  
Duluth 55812

## Monday

**7:30 PM**  
**Monday Nite NA**  
Itasca Resource Center  
1200 South Pokegama Avenue  
Grand Rapids 55744

## Tuesday

**7:00 PM** O,To,BK  
**New Horizons**  
Trinity Lutheran Church  
1108 East 8th Street  
Duluth On 5th Tues 55805

## Wednesday

**5:15 PM** C,B,Ti,To,WC  
**How it Works**  
Bethel Work Release  
Enter on upper West 1st Street  
23 Mesaba Avenue  
Duluth 55806

## Thursday

**6:00 PM** C,IP,WC,BK  
**NA Basics**  
Pilgrim Lutheran Church  
Speaker on 5th Thursdays  
820 Belknap Street  
Superior 54880

**7:00 PM** O,To,WC  
**Candlelight Group**  
Our Saviors Lutheran Church  
615 12th Street  
Cloquet 55720

## Friday

**7:00 PM** O,To,WC  
**Safe Harbor NA**  
Agate Bay Professional Building  
120 7th Street  
Two Harbors 55616

**8:00 PM** O,To,WC  
**T.G.I.F.**

Mt. Olive Lutheran Church  
(Use the back entrance)  
2012 East Superior Street  
Duluth 55812

**8:00 PM** O,JT,St,WC,CP  
**Friday Night NA**  
St. Marys Star of the Sea Church  
325 East 3rd Street  
Duluth 55805

## Saturday

**4:00 PM**  
**Dr. HUG**  
Building for Women  
32 East 1st Street  
Duluth 55802

Mailing Address: NLANA, P.O. Box 16934, Duluth, MN 55816 Website: [www.northernlights.naminnnesota.org](http://www.northernlights.naminnnesota.org)

MN Regional Website: [www.naminnnesota.org](http://www.naminnnesota.org) MN Regional Phone Line: 1-877-767-7676

NA World Service Website: [www.na.org](http://www.na.org)

## WHAT IS NARCOTICS ANONYMOUS?

Narcotics Anonymous is a non-profit fellowship or society of men and women for whom drugs had become a major problem . . . Recovering addicts who meet regularly to help each other stay clean.

Membership is open to any drug addict, regardless of the particular drug or combination of drugs used. There are no social, religious, economic, racial, ethnic, nationality, gender, or class-status membership restrictions.

Narcotics Anonymous believes that one of the keys to its success is the therapeutic value of addicts working with other addicts. In meetings, each member shares their personal experience with others seeking help. Not as professionals, but simply as people who have been there themselves and have found a solution.

Narcotics Anonymous has no professional therapists, no residential facilities, and no clinics. NA provides no vocational, legal, financial, psychiatric, or medical services. The closest thing to an "NA counselor" is the sponsor, an experienced member who gives informal assistance to a newer member.

### ADDICT'S PRAYER

My gratitude speaks  
When I care and when I share with others  
The NA way  
That no addict seeking recovery  
Need ever die from the horrors of addiction

### JUST FOR TODAY

Tell yourself:

**J**ust for today, my thoughts will be on my recovery, living and enjoying life without the use of drugs.

**J**ust for today, I will have faith in someone in NA. Who believes in me and wants to help me in my recovery.

**J**ust for today, I will have a program. I will try to follow it to the best of my ability.

**J**ust for today, through NA. I will try to get a better perspective on my life.

**J**ust for today, I will be unafraid. My thoughts will be on my new associations, people who are not using and who have found a new way of life.

So long as I follow that way, I have nothing to fear.

## NA MEMBERS CAN HELP CARRY THE MESSAGE

All NA members are encouraged to attend the Northern Lights Area Service Committee (NLASC) meetings. All NA members have a voice and a vote at the area meeting. Please bring your enthusiasm for recovery and a willingness to support Narcotics Anonymous in the Northern Lights Area.

The NLASC meets from 12:30 pm to 4:30 pm six times a year on the 1st Saturday of the even months: February, April, June, August, October, and December.

**Northern Lights Area Service Meeting Location**  
Lincoln Park Community Church  
2202 W 3rd St., Duluth, MN 55806

The NLA hosts an annual campout the 2nd weekend in September at Camp Vermilion, 2555 Vermilion Camp Rd, Cook, MN 55723

The Vermilion Planning Committee meets from 11:00 to 12:00 on the same dates and at the same location as the Area Service Meeting

### CONTACTS

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# NORTHERN LIGHTS AREA OF NARCOTICS ANONYMOUS



**For more information or to find meetings in other parts of Minnesota please call the  
Phone Line  
1-877-767-7676**

**Or visit**

**MN Regional Website  
[www.naminnnesota.org](http://www.naminnnesota.org)**

**Northern Lights Area Website  
[www.northernlights.naminnnesota.org](http://www.northernlights.naminnnesota.org)**

**Distributed by:  
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